

Montag , 27.01

08:00 - 08:55 Yoga Heinz	09:05 - 09:30 P.I.I.T Laura	09:35 - 10:30 Pump Laura	19:00 - 19:55 BBP (Bauch, Beine, Po) / Bodytone Laura	20:00 - 20:55 Yoga Asal
---------------------------------------	--	---------------------------------------	--	--------------------------------------

Dienstag , 28.01

09:30 - 10:25 Zumba Uliana	18:00 - 18:55 Pump Laura	19:00 - 19:55 Zumba Leonith	20:15 - 21:10 Yoga Alexandra
---	---------------------------------------	--	---

Mittwoch , 29.01

08:45 - 09:10 Simply Core Laura	09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Laura	12:15 - 13:10 Pump Manuela	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Laura	19:00 - 19:55 Pilates Eva	20:00 - 20:55 Zumba Leonith
--	--	---	--	--	--

Donnerstag , 30.01

09:30 - 10:25 Yoga Alexandra	18:00 - 18:30 P.I.I.T Laura	18:30 - 18:55 Simply Core Laura	19:10 - 20:05 Pump Laura
---	--	--	---------------------------------------

Freitag , 31.01

12:15 - 13:10 Pump Manuela

Samstag , 01.02

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Laura
--

Sonntag , 02.02

09:00 - 09:55 Pump Laura	10:00 - 10:30 Simply Core Laura
---------------------------------------	--