

Montag , 23.12

08:00 - 08:55 Yoga Andrea	09:05 - 09:30 P.I.I.T Laura	09:35 - 10:30 Pump Laura	18:00 - 18:55 Pump Manuela	19:00 - 19:55 BBP (Bauch, Beine, Po) / Bodytone Manuela	20:00 - 20:55 Yoga Asal
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Dienstag , 24.12

09:30 - 10:25 Zumba Sabina

Mittwoch , 25.12

Donnerstag , 26.12

Freitag , 27.12

09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Morena	10:15 - 10:45 Simply Core Morena	12:15 - 13:10 Pump Manuela
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Samstag , 28.12

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Morena
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Sonntag , 29.12

09:00 - 09:55 Pump Manuela	10:00 - 10:30 Simply Core Manuela
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