

Montag , 29.07

08:00 - 08:55

Yoga
Laura

09:05 - 10:00

Pump
Laura

18:00 - 18:55

Pump
Manuela

20:00 - 20:55

Yoga
Nadine

Dienstag , 30.07

18:00 - 18:55

Pump
Morena

19:00 - 19:55

Zumba
Sabina

20:15 - 21:10

Yoga
Alexandra

Mittwoch , 31.07

Donnerstag , 01.08

Freitag , 02.08

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Morena

10:15 - 10:45

Simply Core
Morena

12:15 - 13:10

Pump
Manuela

Samstag , 03.08

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Morena

Sonntag , 04.08

09:00 - 09:55

Pump
Manuela

10:00 - 10:30

Simply Core
Manuela