

Montag , 22.07

08:00 - 08:55

Yoga
Laura

09:05 - 10:00

Pump
Laura

18:00 - 18:55

Pump
Manuela

19:00 - 19:55

BBP (Bauch, Beine,
Po) / Bodytone
Manuela

20:00 - 20:55

Yoga
Asal

Dienstag , 23.07

18:00 - 18:55

Pump
Manuela

19:00 - 19:55

Zumba
Sabina

20:15 - 21:10

Yoga
Laura

Mittwoch , 24.07

20:05 - 21:00

Zumba
Sabina

Donnerstag , 25.07

09:30 - 10:25

Yoga
Asal

18:30 - 18:55

Simply Core
Laura

19:10 - 20:05

Pump
Laura

Freitag , 26.07

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Morena

10:15 - 10:45

Simply Core
Morena

12:15 - 13:10

Pump
Manuela

Samstag , 27.07

09:00 - 09:55

BBP (Bauch, Beine, Po) /
Bodytone
Nena Nevenka

Sonntag , 28.07

09:00 - 09:55

Pump
Laura

10:00 - 10:30

Simply Core
Laura