

Montag , 29.01

08:00 - 08:55 Yoga Laura	09:15 - 10:10 P.I.I.T Laura	09:55 - 10:50 Pump Laura	18:00 - 18:55 Pump Manuela	19:00 - 19:55 BBP (Bauch, Beine, Po) / Bodytone Manuela	20:00 - 20:55 Yoga Priscilla
---------------------------------------	--	---------------------------------------	---	--	---

Dienstag , 30.01

09:30 - 10:25 Zumba Sabina	18:00 - 18:55 Pump Morena	19:00 - 19:55 Zumba Sabina	20:05 - 21:00 Yoga Laura
---	--	---	---------------------------------------

Mittwoch , 31.01

08:45 - 09:10 Simply Core Laura	09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Laura	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Manuela	19:00 - 19:55 Pilates Eva	20:05 - 21:00 Zumba Sabina
--	--	--	--	---

Donnerstag , 01.02

09:30 - 10:25 Yoga Alexandra	18:00 - 18:30 P.I.I.T Laura	18:30 - 18:55 Simply Core Laura	19:10 - 20:05 Pump Laura
---	--	--	---------------------------------------

Freitag , 02.02

09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Morena	10:15 - 10:45 Simply Core Morena	12:15 - 13:10 Pump Manuela
---	---	---

Samstag , 03.02

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Laura
--

Sonntag , 04.02

09:00 - 09:55 Pump Laura	10:00 - 10:30 Simply Core Laura
---------------------------------------	--