

Montag , 25.12

Dienstag , 26.12

Mittwoch , 27.12

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Fabienne

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Manuela

**19:00 - 19:55**

*Pilates*  
Eva

Donnerstag , 28.12

**09:30 - 10:25**

*Yoga*  
Alexandra

**18:00 - 18:30**

*P.I.I.T*  
Laura

**18:30 - 18:55**

*Simply Core*  
Laura

**19:10 - 20:05**

*Pump*  
Laura

Freitag , 29.12

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Morena

**10:15 - 10:45**

*Simply Core*  
Morena

**12:15 - 13:10**

*Pump*  
Manuela

Samstag , 30.12

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Morena

Sonntag , 31.12