

Montag , 18.12

Dienstag , 19.12

Mittwoch , 20.12

Donnerstag , 21.12

09:30 - 10:25

Yoga
Alexandra

18:00 - 18:30

P.I.I.T
Laura

18:30 - 18:55

Simply Core
Laura

19:10 - 20:05

Pump
Laura

Freitag , 22.12

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Morena

10:15 - 10:45

Simply Core
Morena

12:15 - 13:10

Pump
Manuela

Samstag , 23.12

09:00 - 09:55

BBP (Bauch, Beine, Po) /
Bodytone
Morena

Sonntag , 24.12

09:00 - 09:55

Pump
Morena

10:00 - 10:30

Simply Core
Morena