

Montag , 11.12

08:00 - 08:55

Yoga
Laura

09:15 - 09:45

P.I.I.T
Laura

09:55 - 10:50

Pump
Laura

18:00 - 18:55

Pump
Manuela

19:00 - 19:55

BBP (Bauch, Beine,
Po) / Bodytone
Manuela

Dienstag , 12.12

Mittwoch , 13.12

09:15 - 10:10

BBP (Bauch, Beine,
Po) / Bodytone
Fabienne

18:00 - 18:55

BBP (Bauch, Beine,
Po) / Bodytone
Laura

19:00 - 19:55

Pilates
Eva

20:05 - 21:00

Zumba
Angela

Donnerstag , 14.12

09:30 - 10:25

Yoga
Alexandra

Freitag , 15.12

Samstag , 16.12

Sonntag , 17.12