

Montag , 30.10

08:00 - 08:55

Yoga
Laura

09:15 - 09:45

P.I.I.T
Laura

09:55 - 10:50

Pump
Laura

18:00 - 18:55

Pump
Laura

Dienstag , 31.10

17:55 - 18:50

Pump
Morena

19:00 - 19:55

Zumba
Sabina

20:05 - 21:00

Yoga
Nadine

Mittwoch , 01.11

Donnerstag , 02.11

09:30 - 10:25

Yoga
Alexandra

18:00 - 18:30

P.I.I.T
Laura

18:30 - 18:55

Simply Core
Laura

19:10 - 20:05

Pump
Laura

Freitag , 03.11

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Morena

10:15 - 10:45

Simply Core
Morena

12:15 - 13:10

Pump
Morena

Samstag , 04.11

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Morena

Sonntag , 05.11

09:00 - 09:55

Pump
Morena

10:00 - 10:30

Simply Core
Morena