

Montag , 16.10

08:00 - 08:55 Yoga Laura	09:15 - 09:45 P.I.I.T Laura	09:55 - 10:50 Pump Laura	18:00 - 18:55 Pump Morena
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Dienstag , 17.10

19:00 - 19:55 Zumba Sabina	20:05 - 21:00 Yoga Nadine
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Mittwoch , 18.10

09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Daniela	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Manuela	19:00 - 19:55 Pilates Eva	20:05 - 21:00 Zumba Sabina
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Donnerstag , 19.10

09:30 - 10:25 Yoga Alexandra	18:00 - 18:30 P.I.I.T Laura	18:30 - 18:55 Simply Core Laura	19:10 - 20:05 Pump Laura
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Freitag , 20.10

12:15 - 13:10 Pump Manuela

Samstag , 21.10

Sonntag , 22.10

09:00 - 09:55 Pump Laura	10:00 - 10:30 Simply Core Laura
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