

**Montag , 25.09**

**08:00 - 08:55**

*Yoga*  
Laura

**09:15 - 09:45**

*P.I.I.T*  
Laura

**09:55 - 10:50**

*Pump*  
Laura

**17:55 - 18:50**

*Pump*  
Manuela

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Laura

**Dienstag , 26.09**

**09:30 - 10:25**

*Zumba*  
Leidy

**17:55 - 18:50**

*Pump*  
Laura

**19:00 - 19:55**

*Zumba*  
Sabina

**20:05 - 21:00**

*Yoga*  
Nadine

**Mittwoch , 27.09**

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) / Bodytone*  
Fabienne

**17:55 - 18:50**

*BBP (Bauch, Beine, Po) / Bodytone*  
Manuela

**19:00 - 19:55**

*Pilates*  
Eva

**20:05 - 21:00**

*Zumba*  
Sabina

**Donnerstag , 28.09**

**09:30 - 10:25**

*Yoga*  
Alexandra

**18:00 - 18:30**

*P.I.I.T*  
Laura

**18:30 - 18:55**

*Simply Core*  
Laura

**19:10 - 20:05**

*Pump*  
Laura

**Freitag , 29.09**

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) / Bodytone*  
Fabienne

**10:15 - 10:45**

*Simply Core*  
Fabienne

**12:15 - 13:10**

*Pump Special*  
Katja

**Samstag , 30.09**

**Sonntag , 01.10**

**09:00 - 09:55**

*Pump*  
Laura

**10:00 - 10:30**

*Simply Core*  
Laura