

Montag , 18.09

08:00 - 08:55

Yoga
Laura

09:15 - 09:45

P.I.I.T
Laura

09:55 - 10:50

Pump
Laura

17:55 - 18:50

Pump
Manuela

19:00 - 19:55

BBP (Bauch, Beine, Po) / Bodytone
Annina

Dienstag , 19.09

09:30 - 10:25

Zumba
Sabina

17:55 - 18:50

Pump
Veronica

19:00 - 19:55

Zumba
Sabina

20:05 - 21:00

Yoga
Nadine

Mittwoch , 20.09

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Fabienne

17:55 - 18:50

BBP (Bauch, Beine, Po) / Bodytone
Manuela

19:00 - 19:55

Pilates
Eva

20:05 - 21:00

Zumba
Sabina

Donnerstag , 21.09

09:30 - 10:25

Yoga
Alexandra

18:00 - 18:30

P.I.I.T
Laura

18:30 - 18:55

Simply Core
Laura

19:10 - 20:05

Pump
Laura

Freitag , 22.09

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Laura

10:15 - 10:45

Simply Core
Laura

12:15 - 13:10

Pump
Manuela

Samstag , 23.09

Sonntag , 24.09

09:00 - 09:55

Pump
Manuela

10:00 - 10:30

Simply Core
Manuela