

**Montag , 28.08**

**08:00 - 08:55**

*Yoga*  
 Laura

**09:15 - 09:45**

*P.I.I.T*  
 Laura

**09:55 - 10:50**

*Pump*  
 Laura

**17:55 - 18:50**

*Pump*  
 Manuela

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
 Annina

**Dienstag , 29.08**

**09:30 - 10:25**

*Zumba*  
 Sabina

**17:55 - 18:50**

*Pump*  
 Laura

**19:00 - 19:55**

*Zumba*  
 Sabina

**20:05 - 21:00**

*Yoga*  
 Alexandra

**Mittwoch , 30.08**

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) / Bodytone*  
 Fabienne

**17:55 - 18:50**

*BBP (Bauch, Beine, Po) / Bodytone*  
 Eva

**19:00 - 19:55**

*Pilates*  
 Eva

**20:05 - 21:00**

*Zumba*  
 Sabina

**Donnerstag , 31.08**

**09:30 - 10:25**

*Yoga*  
 Asal

**18:00 - 18:30**

*P.I.I.T*  
 Laura

**18:30 - 18:55**

*Simply Core*  
 Laura

**19:10 - 20:05**

*Pump*  
 Laura

**Freitag , 01.09**

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) / Bodytone*  
 Laura

**10:15 - 10:45**

*Simply Core*  
 Laura

**12:15 - 13:10**

*Pump*  
 Manuela

**Samstag , 02.09**

**Sonntag , 03.09**

**08:45 - 09:40**

*Pump*  
 Manuela

**10:00 - 10:30**

*Simply Core*  
 Manuela

**10:35 - 11:05**

*Pump i.t.*  
 Manuela