

Montag , 31.07

Dienstag , 01.08

Mittwoch , 02.08

**09:15 - 10:10**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Laura

**17:55 - 18:50**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Laura

**19:00 - 19:55**

*Pilates*  
Monika

**20:05 - 21:00**

*Zumba*  
Sabina

Donnerstag , 03.08

**09:30 - 10:25**

*Yoga*  
Alexandra

**18:00 - 18:30**

*P.I.I.T*  
Laura

**18:30 - 18:55**

*Simply Core*  
Laura

**19:10 - 20:05**

*Pump*  
Laura

Freitag , 04.08

**12:15 - 13:10**

*Pump*  
Laura

Samstag , 05.08

Sonntag , 06.08

**08:45 - 09:40**

*Pump*  
Laura

**10:00 - 10:30**

*Simply Core*  
Laura