

Montag , 10.07

09:55 - 10:50

Pump
Laura

17:55 - 18:50

Pump
Manuela

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Annina

Dienstag , 11.07

Mittwoch , 12.07

09:15 - 10:10

*BBP (Bauch, Beine,
Po) / Bodytone*
Fabienne

17:55 - 18:50

*BBP (Bauch, Beine,
Po) / Bodytone*
Manuela

19:00 - 19:55

Pilates
Manuela

20:05 - 21:00

Zumba
Sabina

Donnerstag , 13.07

09:30 - 10:25

Yoga
Alexandra

18:00 - 18:30

P.I.I.T
Laura

18:30 - 18:55

Simply Core
Laura

19:10 - 20:05

Pump
Laura

Freitag , 14.07

12:15 - 13:10

Pump
Manuela

Samstag , 15.07

Sonntag , 16.07

08:45 - 09:40

Pump
Laura

10:00 - 10:30

Simply Core
Laura