

Montag , 24.03

09:10 - 10:05 <i>Pilates</i> Isabelle	10:10 - 10:55 <i>Fitboxe</i> Isabel	17:15 - 17:45 <i>P.I.I.T</i> Daniela	17:55 - 18:50 <i>Step'n Tone</i> Daniela	19:00 - 19:55 <i>Zumba</i> Deniz	20:05 - 21:00 <i>Yoga</i> Sabrina
--	--	---	---	---	--

Dienstag , 25.03

09:10 - 10:05 <i>Rückenfit</i> Isabelle	18:00 - 18:30 <i>P.I.I.T</i> Daniela	18:35 - 19:30 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Daniela
--	---	---

Mittwoch , 26.03

09:10 - 10:05 <i>Yoga</i> Fabienne	18:15 - 18:45 <i>Simply Core</i> Petra	19:00 - 19:55 <i>Fitboxe</i> Isabel
---	---	--

Donnerstag , 27.03

09:10 - 10:05 <i>Pump</i> Isabel	18:00 - 18:55 <i>Pump</i> Petra
---	--

Freitag , 28.03

09:10 - 10:05 <i>Functional Workout</i> Bianca	17:00 - 17:30 <i>Pump i.t.</i> Bianca	17:30 - 18:00 <i>P.I.I.T</i> Bianca
---	--	--

Samstag , 29.03

09:00 - 09:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Melanie	10:05 - 11:00 <i>Upcon</i> Melanie
---	---

Sonntag , 30.03

10:00 - 10:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Melanie
