

### Montag , 05.08

**09:10 - 10:05**

*Pilates*  
Isabelle

**10:10 - 10:55**

*Fitboxe*  
Isabel

**17:15 - 17:45**

*P.I.I.T*  
Daniela

**17:55 - 18:50**

*Step'n Tone*  
Daniela

**19:00 - 19:55**

*Zumba*  
Sibylle

**20:05 - 21:00**

*Yoga*  
Sabrina

### Dienstag , 06.08

**18:00 - 18:30**

*P.I.I.T*  
Daniela

**18:35 - 19:30**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Daniela

### Mittwoch , 07.08

**09:10 - 10:05**

*Yoga*  
Olga

**18:15 - 18:45**

*Simply Core*  
Melanie

**19:00 - 19:55**

*Fitboxe*  
Isabel

### Donnerstag , 08.08

**09:10 - 10:05**

*Pump*  
Isabel

**18:00 - 18:55**

*Pump*  
Doris

**19:00 - 19:55**

*Fitboxe*  
Doris

### Freitag , 09.08

**09:10 - 10:05**

*Functional Workout*  
Bianca

**18:00 - 18:55**

*Step'n Tone*  
Brigitte

### Samstag , 10.08

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Daniela

**10:15 - 11:10**

*Upcon*  
Daniela

### Sonntag , 11.08

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Angelica