

Montag , 29.07

09:10 - 10:05 <i>Pilates</i> Isabelle	10:10 - 10:55 <i>Fighttime Special</i> Bianca	17:15 - 17:45 <i>P.I.I.T</i> Melanie	17:55 - 18:50 <i>Step'n Tone</i> Nicole	19:00 - 19:55 <i>Zumba</i> Nicholay	20:05 - 21:00 <i>Yoga</i> Vivian
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Dienstag , 30.07

18:00 - 18:30 <i>P.I.I.T</i> Melanie	18:35 - 19:30 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Melanie
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Mittwoch , 31.07

09:10 - 10:05 <i>Yoga</i> Olga	18:15 - 18:45 <i>Simply Core</i> Bianca	19:00 - 19:55 <i>Fitboxe</i> Isabel
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Donnerstag , 01.08

10:00 - 10:55 <i>BBP Special</i> Doris	11:00 - 11:55 <i>Fitboxe Special</i> Doris
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Freitag , 02.08

09:10 - 10:05 <i>Functional Workout</i> Sabrina	18:00 - 18:55 <i>Step'n Tone</i> Brigitte
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Samstag , 03.08

09:10 - 10:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Daniela	10:15 - 11:10 <i>Upcon</i> Daniela
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Sonntag , 04.08

10:00 - 10:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Luana
