

### Montag , 15.07

**09:10 - 10:05**

*Pilates*  
Isabelle

**10:10 - 10:55**

*Fitboxe*  
Isabel

**17:15 - 17:45**

*P.I.I.T*  
Melanie

**17:55 - 18:50**

*BBP (Bauch, Beine, Po) / Bodytone*  
Melanie

**19:00 - 19:55**

*Zumba*  
Deniz

**20:05 - 21:00**

*Yoga*  
Mariya

### Dienstag , 16.07

**18:00 - 18:30**

*P.I.I.T*  
Bianca

**18:35 - 19:30**

*BBP (Bauch, Beine, Po) / Bodytone*  
Bianca

### Mittwoch , 17.07

**09:10 - 10:05**

*Yoga*  
Olga

**18:15 - 18:45**

*Simply Core*  
Bianca

**19:00 - 19:55**

*Fitboxe*  
Isabelle

### Donnerstag , 18.07

**09:10 - 10:05**

*Pump*  
Saskia

**18:00 - 18:55**

*Pump*  
Nicolle

### Freitag , 19.07

**09:10 - 10:05**

*Functional Workout*  
Bianca

**18:00 - 18:55**

*Step'n Tone*  
Graziella

### Samstag , 20.07

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) / Bodytone*  
Bianca

**10:15 - 11:10**

*Upcon*  
Bianca

### Sonntag , 21.07

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Bianca