

Montag , 29.04

09:10 - 10:05 <i>Pilates</i> Isabelle	10:10 - 10:55 <i>Fitboxe</i> Isabel	17:15 - 17:45 <i>P.I.I.T</i> Daniela	17:55 - 18:50 <i>Step'n Tone</i> Daniela	19:00 - 19:55 <i>Zumba</i> Deniz	20:05 - 21:00 <i>Yoga</i> Sabrina
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Dienstag , 30.04

18:00 - 18:30 <i>P.I.I.T</i> Daniela	18:35 - 19:30 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Daniela
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Mittwoch , 01.05

09:30 - 11:00 <i>Yoga Special</i> Olga

Donnerstag , 02.05

09:10 - 10:05 <i>Pump</i> Isabel	18:00 - 18:55 <i>Pump</i> Saskia	19:00 - 19:55 <i>Fighttime 55'</i> Isabelle
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Freitag , 03.05

09:10 - 10:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Isabel	18:00 - 18:55 <i>Step'n Tone</i> Graziella
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Samstag , 04.05

09:10 - 10:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Daniela	10:15 - 11:10 <i>Upcon</i> Daniela
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Sonntag , 05.05

10:00 - 10:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Simone
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