

Montag , 01.01

Dienstag , 02.01

18:05 - 18:35

P.I.I.T
Daniela

18:35 - 19:30

*BBP (Bauch, Beine, Po) /
Bodytone*
Daniela

Mittwoch , 03.01

09:10 - 10:05

Yoga
Bettina

18:15 - 18:45

Simply Core
Luana

19:00 - 19:55

Fighttime 55'
Bianca

Donnerstag , 04.01

09:10 - 10:05

Pump
Melanie

18:00 - 18:55

Pump
Nicolle

19:00 - 19:55

Fighttime 55'
Bianca

Freitag , 05.01

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Naima

18:00 - 18:55

Step'n Tone
Graziella

Samstag , 06.01

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Daniela

10:15 - 11:10

Upcon
Daniela

Sonntag , 07.01

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Melanie