

### Montag , 25.12

**10:00 - 10:55**

*Fight Time Special*  
Team

### Dienstag , 26.12

**10:00 - 10:55**

*BBP Special*  
Daniela

### Mittwoch , 27.12

**09:10 - 10:05**

*Yoga*  
Isabel

**18:15 - 18:45**

*Simply Core*  
Bianca

**19:00 - 19:55**

*Fitboxe*  
Isabel

### Donnerstag , 28.12

**09:10 - 10:05**

*Pump*  
Isabel

**18:00 - 18:55**

*Pump*  
Nicolle

**19:00 - 19:55**

*Fighttime 55'*  
Bianca

### Freitag , 29.12

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Naima

**18:00 - 18:55**

*Step'n Tone*  
Graziella

### Samstag , 30.12

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Daniela

**10:15 - 11:10**

*Upcon*  
Daniela

### Sonntag , 31.12

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Luana