

Montag , 11.09

09:10 - 10:05 <i>Pilates</i> Isabelle	10:10 - 10:55 <i>Fitboxe</i> Isabel	17:15 - 17:45 <i>P.I.I.T</i> Daniela	17:55 - 18:50 <i>Step'n Tone</i> Daniela	19:00 - 19:55 <i>Zumba</i> Deniz	20:05 - 21:00 <i>Yoga</i> Sabrina
--	--	---	---	---	--

Dienstag , 12.09

18:00 - 18:30 <i>P.I.I.T</i> Daniela	18:35 - 19:30 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Daniela
---	---

Mittwoch , 13.09

09:10 - 10:05 <i>Yoga</i> Olga	18:15 - 18:45 <i>Simply Core</i> Bianca	19:00 - 19:55 <i>Fitboxe</i> Isabel
---	--	--

Donnerstag , 14.09

09:10 - 10:05 <i>Pump</i> Isabel	18:00 - 18:55 <i>Pump</i> Nicolle
---	--

Freitag , 15.09

09:10 - 10:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Sara	18:00 - 18:55 <i>Step'n Tone</i> Graziella
--	---

Samstag , 16.09

09:10 - 10:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Isabel	10:15 - 11:10 <i>Upcon</i> Bianca
--	--

Sonntag , 17.09

10:00 - 10:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Natalie
