

Montag , 31.07

09:10 - 10:05 <i>Pilates</i> Brigitte	10:10 - 10:55 <i>Fitboxe</i> Isabel	17:15 - 18:10 <i>P.I.I.T Special</i> Luana
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Dienstag , 01.08

Mittwoch , 02.08

09:10 - 10:05 <i>Yoga</i> Olga	18:15 - 18:45 <i>Simply Core</i> Luana	19:00 - 19:55 <i>Fitboxe</i> Isabel
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Donnerstag , 03.08

09:10 - 10:05 <i>Pump</i> Isabel	18:00 - 18:55 <i>Pump</i> Nicolle
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Freitag , 04.08

18:00 - 18:55 <i>Step'n Tone</i> Graziella

Samstag , 05.08

09:10 - 10:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Naima	10:15 - 11:10 <i>Upcon</i> Bianca
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Sonntag , 06.08

10:00 - 10:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Melanie
