

### Montag , 30.12

**12:15 - 12:45**

*P.I.I.T*  
Melanie

**18:10 - 19:05**

*Pump*  
Saskia

**19:15 - 20:10**

*Functional Workout*  
Saskia

### Dienstag , 31.12

**12:10 - 13:05**

*Pump*  
Graziella

### Mittwoch , 01.01

**10:00 - 11:30**

*BBP Special*  
Angelica

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Fabienne

**19:05 - 20:00**

*Yoga*  
Fabienne

### Donnerstag , 02.01

**09:30 - 10:25**

*Pilates*  
Geneviève

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Natalie

**19:05 - 20:00**

*Pump*  
Cristian

### Freitag , 03.01

**08:30 - 09:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Graziella

### Samstag , 04.01

**09:30 - 10:25**

*Step'n Tone*  
Nicole

### Sonntag , 05.01

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Saskia