

Montag , 01.07

12:15 - 12:45

P.I.I.T
Melanie

18:10 - 19:05

Pump
Jacqueline

19:15 - 20:10

Functional Workout
Bianca

Dienstag , 02.07

09:00 - 09:55

Yoga
Laura

12:10 - 13:05

Pump
David

18:00 - 18:55

Pilates
Geneviève

19:05 - 20:00

Functional Workout
Vanessa

Mittwoch , 03.07

09:00 - 09:30

P.I.I.T
Nicoletta

09:50 - 10:45

Rückenfit
Sonja

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Natalie

19:05 - 20:00

Power Yoga
Sonja

Donnerstag , 04.07

09:30 - 10:25

Pilates
Geneviève

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Natalie

19:05 - 20:00

Pump
Cristian

20:10 - 21:05

Zumba
Felicia

Freitag , 05.07

08:30 - 09:25

BBP (Bauch, Beine, Po) / Bodytone
Simone

Samstag , 06.07

Sonntag , 07.07

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Natalie