

Montag , 01.04

Dienstag , 02.04

09:00 - 09:55 Yoga Laura	10:10 - 11:05 Zumba Felicia	12:10 - 13:05 Pump Angelica	18:00 - 18:55 Pilates Isabelle	19:05 - 20:00 Functional Workout Vanessa
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Mittwoch , 03.04

08:45 - 09:40 BBP (Bauch, Beine, Po) / Bodytone Angelica	09:50 - 10:45 Rückenfit Sonja	18:00 - 18:55 Powerstep Fabienne	19:05 - 20:00 Power Yoga Fabienne
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Donnerstag , 04.04

09:30 - 10:25 Pilates Isabelle	12:15 - 12:45 Upcon Melanie	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Natalie	19:05 - 20:00 Pump Cristian	20:10 - 21:05 Zumba Felicia
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Freitag , 05.04

08:30 - 09:25 BBP (Bauch, Beine, Po) / Bodytone Saskia	17:30 - 18:25 Fighttime 55' Bianca
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Samstag , 06.04

09:30 - 10:25 Step'n Tone Nicole

Sonntag , 07.04

09:00 - 09:55 Yoga Special Fabienne	10:00 - 10:55 BBP (Bauch, Beine, Po) / Bodytone Fabienne
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