

Montag , 25.12

11:30 - 13:00

Functional Workout
Vanessa

Dienstag , 26.12

09:00 - 09:55

Yoga
Bettina

Mittwoch , 27.12

08:45 - 09:40

*BBP (Bauch, Beine, Po) /
Bodytone*
Angelica

18:00 - 19:30

Yoga Special
Fabienne

Donnerstag , 28.12

Freitag , 29.12

Samstag , 30.12

09:30 - 10:25

Step'n Tone
Nicole

Sonntag , 31.12

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Nicole