

### Montag , 18.12

<b>12:15 - 12:45</b> <i>P.I.I.T</i> Melanie	<b>18:10 - 19:05</b> <i>Pump</i> Saskia	<b>19:15 - 20:10</b> <i>Functional Workout</i> Saskia
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### Dienstag , 19.12

<b>09:00 - 09:55</b> <i>Yoga</i> Laura	<b>10:10 - 11:05</b> <i>Zumba</i> Felicia	<b>12:10 - 13:05</b> <i>Pump</i> Saskia	<b>18:00 - 18:55</b> <i>Pilates</i> Geneviève	<b>19:05 - 20:00</b> <i>Functional Workout</i> Bianca
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### Mittwoch , 20.12

<b>08:45 - 09:40</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Angelica	<b>09:50 - 10:45</b> <i>Rückenfit</i> Bettina	<b>18:00 - 18:55</b> <i>Powerstep</i> Fabienne	<b>19:05 - 20:00</b> <i>Power Yoga</i> Fabienne
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### Donnerstag , 21.12

<b>09:30 - 10:25</b> <i>Pilates</i> Geneviève	<b>18:00 - 18:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Natalie	<b>19:05 - 20:00</b> <i>Pump</i> Cristian	<b>20:10 - 21:05</b> <i>Zumba</i> Felicia
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### Freitag , 22.12

<b>08:30 - 09:25</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Saskia
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### Samstag , 23.12

<b>09:30 - 10:25</b> <i>Step'n Tone</i> Nicole
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### Sonntag , 24.12