

Montag , 18.09

18:10 - 19:05

Pump
Saskia

19:15 - 20:10

Functional Workout
Saskia

Dienstag , 19.09

09:00 - 09:55

Yoga
Bettina

10:10 - 11:05

Zumba
Felicia

18:00 - 18:55

Pilates
Geneviève

19:05 - 20:00

Functional Workout
Vanessa

Mittwoch , 20.09

08:45 - 09:40

BBP (Bauch, Beine, Po) / Bodytone
Angelica

09:50 - 10:45

Rückenfit
Angelica

18:00 - 18:55

Powerstep
Fabienne

19:05 - 20:00

Power Yoga
Fabienne

Donnerstag , 21.09

09:30 - 10:25

Pilates
Geneviève

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Natalie

19:05 - 20:00

Pump
Cristian

20:10 - 21:05

Zumba
Felicia

Freitag , 22.09

08:30 - 09:25

BBP (Bauch, Beine, Po) / Bodytone
Saskia

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Lara

Samstag , 23.09

Sonntag , 24.09

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Graziella