

Montag , 31.07

Dienstag , 01.08

12:10 - 13:05

Pump
Doris

Mittwoch , 02.08

08:45 - 09:40

BBP (Bauch, Beine, Po) / Bodytone
Angelica

09:50 - 10:45

Rückenfit
Angelica

18:00 - 18:55

Powerstep
Fabienne

19:05 - 20:00

Power Yoga
Fabienne

Donnerstag , 03.08

09:30 - 10:25

Pilates
Isabelle

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Naima

19:05 - 20:00

Pump
Cristian

20:10 - 21:05

Zumba
Felicia

Freitag , 04.08

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Lara

Samstag , 05.08

Sonntag , 06.08

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Saskia