

Montag , 19.05

08:55 - 09:55 Yoga Laura	10:05 - 11:00 Upcon Melanie	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	19:10 - 20:05 TRX Patrizia
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Dienstag , 20.05

09:00 - 09:55 Interval Training Ariane	10:10 - 11:05 Rückenfit Isabel	18:30 - 19:25 Pump Petra
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Mittwoch , 21.05

09:00 - 09:55 Zumba Sibylle	10:10 - 11:05 Cycling Carlo	18:00 - 18:55 Step'n Tone Graziella	19:05 - 20:00 Cycling Barbara
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Donnerstag , 22.05

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Yoga Isabelle	18:00 - 18:55 Muscle Work Graziella	19:05 - 20:00 Power Yoga Elissa
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Freitag , 23.05

08:50 - 09:20 P.I.I.T Melanie	09:30 - 10:00 Simply Core Melanie	10:10 - 11:05 Rückenfit Isabelle	18:00 - 18:55 Cycling Oline
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Samstag , 24.05

10:00 - 10:55 Zumba Deniz	11:10 - 12:05 BBP (Bauch, Beine, Po) / Bodytone Ariane
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Sonntag , 25.05

09:30 - 10:25 Cycling Stephanie	10:35 - 11:30 BBP (Bauch, Beine, Po) / Bodytone Angelica
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