

Montag , 17.03

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| 09:00 - 09:55 Yoga Laura | 10:05 - 11:00 Upcon Melanie | 18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Ariane |
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Dienstag , 18.03

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| 09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane | 10:10 - 11:05 Rückenfit Isabel | 18:00 - 18:55 TRX Graziella | 18:00 - 18:55 Step'n Tone Graziella | 19:00 - 19:55 Pump Graziella | 19:20 - 20:15 BBP (Bauch, Beine, Po) / Bodytone Tea |
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Mittwoch , 19.03

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| 09:00 - 09:55 Zumba Sibylle | 09:00 - 09:55 Zumba Sibylle | 10:10 - 11:05 Cycling Carlo | 18:00 - 18:55 Step'n Tone Graziella | 19:05 - 20:00 Cycling Barbara |
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Donnerstag , 20.03

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| 09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane | 10:10 - 11:05 Yoga Isabel | 18:00 - 18:55 Power Yoga Neira |
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Freitag , 21.03

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| 08:50 - 09:20 P.I.I.T Melanie | 09:30 - 10:00 Simply Core Melanie | 10:10 - 11:05 Rückenfit Isabel |
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Samstag , 22.03

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| 10:00 - 10:55 Zumba Aaron Noah | 11:10 - 12:05 BBP (Bauch, Beine, Po) / Bodytone Ariane |
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Sonntag , 23.03

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| 09:30 - 10:25 Cycling Team | 10:35 - 11:25 BBP (Bauch, Beine, Po) / Bodytone Team |
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