

Montag , 17.03

09:00 - 09:55 Yoga Laura	10:05 - 11:00 Upcon Melanie	19:10 - 20:05 TRX Graziella
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Dienstag , 18.03

10:10 - 11:05 Rückenfit Isabel	18:30 - 19:25 Pump Petra
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Mittwoch , 19.03

09:00 - 09:55 Zumba Sibylle	10:10 - 11:05 Cycling Hartwig	18:00 - 18:55 Step'n Tone Graziella	19:05 - 20:00 Cycling Barbara
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Donnerstag , 20.03

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Melanie	10:10 - 11:05 Yoga Isabel	18:00 - 18:55 Muscle Work Graziella	19:05 - 20:00 Power Yoga Elissa
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Freitag , 21.03

08:50 - 09:20 P.I.I.T Melanie	09:30 - 10:00 Simply Core Melanie	10:10 - 11:05 Rückenfit Isabel	18:00 - 18:55 Cycling Oline
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Samstag , 22.03

10:00 - 10:55 Zumba Deniz	11:10 - 12:05 BBP (Bauch, Beine, Po) / Bodytone Fabienne
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Sonntag , 23.03

09:30 - 10:25 Cycling Stephanie	10:35 - 11:30 BBP (Bauch, Beine, Po) / Bodytone Melanie
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