

Montag , 20.01

09:00 - 09:55 Yoga Laura	10:05 - 11:00 Upcon Melanie	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Ariane
---------------------------------------	------------------------------------------	------------------------------------------------------------------------

Dienstag , 21.01

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Rückenfit Isabel	18:00 - 18:55 Step'n Tone Graziella	18:00 - 18:55 TRX Graziella	19:00 - 19:55 Pump Graziella	19:20 - 20:15 BBP (Bauch, Beine, Po) / Bodytone Tea
------------------------------------------------------------------------	---------------------------------------------	--------------------------------------------------	------------------------------------------	-------------------------------------------	---------------------------------------------------------------------

Mittwoch , 22.01

09:00 - 09:55 Zumba Sibylle	09:00 - 09:55 Zumba Sibylle	10:10 - 11:05 Cycling Carlo	18:00 - 18:55 Step'n Tone Graziella	19:05 - 20:00 Cycling Barbara
------------------------------------------	------------------------------------------	------------------------------------------	--------------------------------------------------	--------------------------------------------

Donnerstag , 23.01

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Yoga Isabel	18:00 - 18:55 Power Yoga Neira
------------------------------------------------------------------------	----------------------------------------	---------------------------------------------

Freitag , 24.01

08:50 - 09:20 P.I.I.T Melanie	09:30 - 10:00 Simply Core Melanie	10:10 - 11:05 Rückenfit Isabel
--------------------------------------------	------------------------------------------------	---------------------------------------------

Samstag , 25.01

10:00 - 10:55 Zumba Aaron Noah	11:10 - 12:05 BBP (Bauch, Beine, Po) / Bodytone Ariane
---------------------------------------------	------------------------------------------------------------------------

Sonntag , 26.01

09:30 - 10:25 Cycling Team	10:35 - 11:25 BBP (Bauch, Beine, Po) / Bodytone Team
-----------------------------------------	----------------------------------------------------------------------