

**Montag , 06.01**

<b>09:00 - 09:55</b> Yoga Laura	<b>10:05 - 11:00</b> Upcon Melanie	<b>18:00 - 18:55</b> BBP (Bauch, Beine, Po) / Bodytone Ariane	<b>19:10 - 20:05</b> TRX Graziella
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**Dienstag , 07.01**

<b>09:00 - 09:55</b> BBP (Bauch, Beine, Po) / Bodytone Ariane	<b>10:10 - 11:05</b> Rückenfit Isabel	<b>19:20 - 20:15</b> BBP (Bauch, Beine, Po) / Bodytone Tea	<b>19:20 - 20:15</b> Pump Graziella
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**Mittwoch , 08.01**

<b>09:00 - 09:55</b> Zumba Sibylle	<b>10:10 - 11:05</b> Cycling Carlo	<b>18:00 - 18:55</b> Step'n Tone Graziella	<b>19:05 - 20:00</b> Cycling Barbara
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**Donnerstag , 09.01**

<b>09:00 - 09:55</b> BBP (Bauch, Beine, Po) / Bodytone Ariane	<b>10:10 - 11:05</b> Yoga Isabel	<b>18:00 - 18:55</b> Power Yoga Elissa
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**Freitag , 10.01**

<b>08:50 - 09:20</b> P.I.I.T Melanie	<b>09:30 - 10:00</b> Simply Core Melanie	<b>10:10 - 11:05</b> Rückenfit Isabel
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**Samstag , 11.01**

<b>10:00 - 10:55</b> Zumba Aaron Noah	<b>11:10 - 12:05</b> BBP (Bauch, Beine, Po) / Bodytone Ariane
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**Sonntag , 12.01**

<b>09:30 - 10:25</b> Cycling Saskia	<b>10:35 - 11:25</b> BBP (Bauch, Beine, Po) / Bodytone Saskia
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