

**Montag , 04.11**

<b>09:00 - 09:55</b> Yoga Laura	<b>10:05 - 11:00</b> Upcon Melanie	<b>18:00 - 18:55</b> BBP (Bauch, Beine, Po) / Bodytone Ariane
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**Dienstag , 05.11**

<b>09:00 - 09:55</b> BBP (Bauch, Beine, Po) / Bodytone Ariane	<b>10:10 - 11:05</b> Rückenfit Isabel	<b>18:30 - 19:25</b> Pump Graziella
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**Mittwoch , 06.11**

<b>09:00 - 09:55</b> Zumba Sibylle	<b>18:00 - 18:55</b> Step'n Tone Graziella	<b>19:05 - 20:00</b> Cycling Barbara
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**Donnerstag , 07.11**

<b>09:00 - 09:55</b> BBP (Bauch, Beine, Po) / Bodytone Ariane	<b>10:10 - 11:05</b> Yoga Isabel	<b>19:05 - 20:00</b> Power Yoga Elissa
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**Freitag , 08.11**

<b>08:50 - 09:20</b> P.I.I.T Melanie	<b>09:30 - 10:00</b> Simply Core Melanie	<b>10:10 - 11:05</b> Rückenfit Isabel
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**Samstag , 09.11**

<b>10:00 - 10:55</b> Zumba Deniz	<b>11:10 - 12:05</b> BBP (Bauch, Beine, Po) / Bodytone Ariane
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**Sonntag , 10.11**

<b>09:30 - 10:25</b> Cycling Manuel	<b>10:35 - 11:25</b> BBP (Bauch, Beine, Po) / Bodytone Graziella
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