

Montag , 23.09

09:00 - 09:55 Yoga Laura	10:05 - 11:00 Upcon Melanie	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Ariane
---------------------------------------	--	--

Dienstag , 24.09

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Rückenfit Isabel	18:30 - 19:25 Pump Graziella
--	---	---

Mittwoch , 25.09

09:00 - 09:55 Zumba Sibylle	10:10 - 11:05 Cycling Carlo	18:00 - 18:55 Step'n Tone Graziella	19:05 - 20:00 Cycling Barbara
--	--	--	--

Donnerstag , 26.09

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Yoga Isabel	18:00 - 18:55 TRX Graziella	19:05 - 20:00 Power Yoga Elissa
--	--	--	--

Freitag , 27.09

08:50 - 09:20 P.I.I.T Melanie	09:30 - 10:00 Simply Core Melanie	10:10 - 11:05 Rückenfit Isabel
--	--	---

Samstag , 28.09

10:00 - 10:55 Zumba Pilar	11:10 - 12:05 BBP (Bauch, Beine, Po) / Bodytone Ariane
--	--

Sonntag , 29.09

09:30 - 10:25 Cycling Barbara	10:40 - 11:35 BBP (Bauch, Beine, Po) / Bodytone Petra
--	---