

Montag , 16.09

09:00 - 09:55 <i>Yoga</i> Laura	10:05 - 11:00 <i>Upcon</i> Melanie
--	---

Dienstag , 17.09

10:10 - 11:05 <i>Rückenfit</i> Isabel	18:30 - 19:25 <i>Pump</i> Graziella
--	--

Mittwoch , 18.09

09:00 - 09:55 <i>Zumba</i> Sibylle	10:10 - 11:05 <i>Cycling</i> Carlo	18:00 - 18:55 <i>Step'n Tone</i> Graziella	19:05 - 20:00 <i>Cycling</i> Barbara
---	---	---	---

Donnerstag , 19.09

09:00 - 09:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane	10:10 - 11:05 <i>Yoga</i> Isabel	18:00 - 18:55 <i>TRX</i> Melanie	19:05 - 20:00 <i>Power Yoga</i> Elissa
--	---	---	---

Freitag , 20.09

08:50 - 09:20 <i>P.I.I.T</i> Melanie	09:30 - 10:00 <i>Simply Core</i> Melanie	10:10 - 11:05 <i>Rückenfit</i> Isabel
---	---	--

Samstag , 21.09

10:00 - 10:55 <i>Zumba</i> Deniz	11:10 - 12:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane
---	--

Sonntag , 22.09

09:30 - 10:25 <i>Cycling</i> Barbara	10:40 - 11:35 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane
---	--