

Montag , 05.08

09:00 - 09:55 Yoga Vera	10:05 - 11:00 Upcon Melanie	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Ariane
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Dienstag , 06.08

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Rückenfit Isabel	18:30 - 19:25 Pump Jacqueline
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Mittwoch , 07.08

09:00 - 09:55 Zumba Sibylle	10:10 - 11:05 Cycling Carlo	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Tea	19:05 - 20:00 Cycling Barbara
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Donnerstag , 08.08

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Yoga Isabel
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Freitag , 09.08

08:50 - 09:20 P.I.I.T Melanie	09:30 - 10:00 Simply Core Melanie	10:10 - 11:05 Rückenfit Isabel
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Samstag , 10.08

10:00 - 10:55 Zumba Sibylle	11:10 - 12:05 BBP (Bauch, Beine, Po) / Bodytone Ariane
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Sonntag , 11.08

09:30 - 10:25 Cycling Barbara
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