

Montag , 01.07

09:00 - 09:55 Yoga Laura	10:05 - 11:00 Upcon Melanie	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Ariane
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Dienstag , 02.07

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Rückenfit Isabelle	18:30 - 19:25 Pump Graziella
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Mittwoch , 03.07

09:00 - 09:55 Zumba Sibylle	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Tea	19:00 - 19:55 Cycling Raymond
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Donnerstag , 04.07

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Yoga Isabelle	19:05 - 20:00 Power Yoga Elissa
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Freitag , 05.07

08:50 - 09:20 P.I.I.T Melanie	09:30 - 10:00 Simply Core Melanie	10:10 - 11:05 Rückenfit Isabelle
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Samstag , 06.07

10:00 - 10:55 Zumba Deniz	11:10 - 12:05 BBP (Bauch, Beine, Po) / Bodytone Ariane
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Sonntag , 07.07