

Montag , 20.05

Dienstag , 21.05

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

10:10 - 11:05

Rückenfit
Isabel

18:30 - 19:25

Pump
Graziella

Mittwoch , 22.05

09:00 - 09:55

Zumba
Sibylle

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Tea

19:00 - 19:55

Cycling
Barbara

Donnerstag , 23.05

09:00 - 09:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Ariane

10:10 - 11:05

Yoga
Isabel

18:00 - 18:55

TRX
Melanie

19:05 - 20:00

Power Yoga
Anja

Freitag , 24.05

08:50 - 09:20

P.I.I.T
Melanie

09:30 - 10:00

Simply Core
Melanie

10:10 - 11:05

Rückenfit
Isabel

Samstag , 25.05

10:00 - 10:55

Zumba
Deniz

11:10 - 12:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

Sonntag , 26.05

09:30 - 10:25

Cycling
Barbara

10:40 - 11:35

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane