

Montag , 01.01

Dienstag , 02.01

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Ariane

**10:10 - 11:05**

*Rückenfit*  
Isabel

**18:00 - 18:00**

*TRX*  
Graziella

**19:00 - 19:55**

*Pump*  
Graziella

Mittwoch , 03.01

**09:00 - 09:55**

*Zumba*  
Sibylle

**10:10 - 11:05**

*Cycling*  
Carlo

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Tea

**19:00 - 19:55**

*Cycling*  
Manuel

Donnerstag , 04.01

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Ariane

**10:10 - 11:05**

*Yoga*  
Isabel

**18:00 - 18:55**

*Power Yoga*  
Neira

Freitag , 05.01

**08:50 - 09:20**

*P.I.I.T*  
Melanie

**09:30 - 10:00**

*Simply Core*  
Melanie

**10:10 - 11:05**

*Rückenfit*  
Isabel

Samstag , 06.01

**10:00 - 10:55**

*Zumba*  
Deniz

**11:10 - 12:05**

*BBP (Bauch, Beine, Po) / Bodytone*  
Ariane

Sonntag , 07.01

**09:30 - 10:25**

*Cycling*  
Manuel

**10:35 - 11:25**

*BBP (Bauch, Beine, Po) / Bodytone*  
Graziella