

**Montag , 20.11**

<b>10:05 - 11:00</b> <i>Upcon</i> Melanie	<b>18:00 - 18:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane
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**Dienstag , 21.11**

<b>09:00 - 09:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane	<b>10:10 - 11:05</b> <i>Rückenfit</i> Isabel	<b>18:00 - 18:55</b> <i>TRX</i> Anita	<b>19:00 - 19:55</b> <i>Pump</i> Franziska
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**Mittwoch , 22.11**

<b>09:00 - 09:55</b> <i>Zumba</i> Sibylle	<b>10:10 - 11:05</b> <i>Cycling</i> Carlo	<b>18:00 - 18:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Tea
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**Donnerstag , 23.11**

<b>09:00 - 09:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane	<b>10:10 - 11:05</b> <i>Yoga</i> Isabel	<b>18:00 - 18:55</b> <i>Power Yoga</i> Neira
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**Freitag , 24.11**

<b>08:50 - 09:20</b> <i>P.I.I.T</i> Melanie	<b>09:30 - 10:00</b> <i>Simply Core</i> Melanie	<b>10:10 - 11:05</b> <i>Rückenfit</i> Isabel
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**Samstag , 25.11**

<b>10:00 - 10:55</b> <i>Zumba</i> Deniz	<b>11:10 - 12:05</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane
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**Sonntag , 26.11**

<b>10:00 - 10:55</b> <i>Cycling</i> Manuel
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