

Montag , 13.11

09:00 - 09:55

Yoga
Laura

10:05 - 11:00

Upcon
Melanie

Dienstag , 14.11

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
Melanie

10:10 - 11:05

Rückenfit
Isabel

18:00 - 18:55

TRX
Graziella

19:00 - 19:55

Pump
Graziella

Mittwoch , 15.11

09:00 - 09:55

Zumba
Sibylle

10:10 - 11:05

Cycling
Barbara

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Tea

19:00 - 19:55

Cycling
Manuel

Donnerstag , 16.11

10:10 - 11:05

Yoga
Isabel

18:00 - 18:55

Power Yoga
Vivian

Freitag , 17.11

08:50 - 09:20

P.I.I.T
Melanie

09:30 - 10:00

Simply Core
Melanie

10:10 - 11:05

Rückenfit
Isabel

Samstag , 18.11

10:00 - 10:55

Zumba
Deniz

Sonntag , 19.11

10:00 - 10:55

Cycling
Team