

**Montag , 02.10**

<b>09:00 - 09:55</b> Yoga Theresa	<b>10:05 - 11:00</b> Upcon Bianca	<b>18:00 - 18:55</b> BBP (Bauch, Beine, Po) / Bodytone Ariane
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**Dienstag , 03.10**

<b>09:00 - 09:55</b> BBP (Bauch, Beine, Po) / Bodytone Ariane	<b>10:10 - 11:05</b> Rückenfit Laura	<b>18:00 - 18:55</b> TRX Graziella	<b>19:00 - 19:55</b> Pump Graziella
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**Mittwoch , 04.10**

<b>09:00 - 09:55</b> Zumba Deniz	<b>10:10 - 11:05</b> Cycling Carlo	<b>18:00 - 18:55</b> BBP (Bauch, Beine, Po) / Bodytone Tea
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**Donnerstag , 05.10**

<b>09:00 - 09:55</b> BBP (Bauch, Beine, Po) / Bodytone Ariane	<b>10:10 - 11:05</b> Yoga Laura	<b>18:00 - 18:55</b> Power Yoga Neira	<b>19:00 - 19:55</b> Cycling Barbara
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**Freitag , 06.10**

<b>10:10 - 11:05</b> Rückenfit Laura
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**Samstag , 07.10**

<b>10:00 - 10:55</b> Zumba Deniz	<b>11:10 - 12:05</b> BBP (Bauch, Beine, Po) / Bodytone Ariane
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**Sonntag , 08.10**

<b>10:00 - 10:55</b> Cycling Laura
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