

Montag , 07.08

09:00 - 09:55

Yoga
Theresa

10:05 - 11:00

Upcon
Melanie

19:00 - 19:55

Pump
Graziella

Dienstag , 08.08

09:00 - 09:55

BBP (Bauch, Beine, Po) /
Bodytone
Tea

10:10 - 11:05

Rückenfit
Isabel

18:00 - 18:55

TRX
Graziella

Mittwoch , 09.08

09:00 - 09:55

Zumba
Lise

10:10 - 11:05

Cycling
Carlo

Donnerstag , 10.08

10:10 - 11:05

Yoga
Isabel

18:00 - 18:55

Power Yoga
Neira

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Jette

Freitag , 11.08

08:50 - 09:20

P.I.I.T
Melanie

09:30 - 10:00

Simply Core
Melanie

10:10 - 11:05

Rückenfit
Isabel

Samstag , 12.08

10:00 - 10:55

Zumba
Pilar

Sonntag , 13.08

10:00 - 10:55

Cycling
Barbara