

Montag , 31.07

09:30 - 10:25 <i>Upcon</i> Melanie	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane	19:00 - 19:55 <i>Pump</i> Graziella
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Dienstag , 01.08

Mittwoch , 02.08

09:00 - 09:55 <i>Zumba</i> Lise	10:10 - 11:05 <i>Cycling</i> Barbara
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Donnerstag , 03.08

09:00 - 09:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane	10:10 - 11:05 <i>Yoga</i> Isabel	18:00 - 18:55 <i>Power Yoga</i> Neira	19:00 - 19:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Tea
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Freitag , 04.08

08:50 - 09:20 <i>P.I.I.T</i> Melanie	09:30 - 10:00 <i>Simply Core</i> Melanie	10:10 - 11:05 <i>Rückenfit</i> Isabel
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Samstag , 05.08

10:00 - 10:55 <i>Zumba</i> Lise	11:10 - 12:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane
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Sonntag , 06.08

10:00 - 10:55 <i>Cycling</i> Barbara
