

**Montag , 10.07**

**09:30 - 10:25**

*Upcon*  
Melanie

**19:00 - 19:55**

*Pump*  
Franziska

**Dienstag , 11.07**

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

**Mittwoch , 12.07**

**09:00 - 09:55**

*Zumba*  
Sibylle

**10:10 - 11:05**

*Cycling*  
Carlo

**Donnerstag , 13.07**

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

**18:00 - 18:55**

*Power Yoga*  
Neira

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Tea

**Freitag , 14.07**

**08:50 - 09:20**

*P.I.I.T*  
Melanie

**09:30 - 10:00**

*Simply Core*  
Melanie

**Samstag , 15.07**

**10:00 - 10:55**

*Zumba*  
Lise

**11:10 - 12:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

**Sonntag , 16.07**

**10:00 - 10:55**

*Cycling*  
Barbara