

Montag , 17.04

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| 09:00 - 09:55 Yoga Elissa | 10:10 - 11:05 Upcon Melanie | 18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Ariane | 19:00 - 19:55 Pump Graziella |
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Dienstag , 18.04

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| 09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane | 10:10 - 11:05 Rückenfit Isabel | 18:00 - 18:55 TRX Graziella | 19:00 - 19:55 Step'n Tone Graziella |
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Mittwoch , 19.04

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| 09:00 - 09:55 Zumba Sibylle | 10:10 - 11:05 Cycling Carlo | 18:00 - 18:55 Pump Cristian |
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Donnerstag , 20.04

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| 09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane | 10:10 - 11:05 Yoga Isabel | 18:00 - 18:55 Power Yoga Elissa | 19:00 - 19:55 BBP (Bauch, Beine, Po) / Bodytone Tea |
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Freitag , 21.04

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| 08:55 - 09:25 P.I.I.T Melanie | 09:30 - 10:00 Simply Core Melanie | 10:10 - 11:05 Rückenfit Isabel |
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Samstag , 22.04

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| 10:00 - 10:55 Zumba Pilar | 11:10 - 12:05 BBP (Bauch, Beine, Po) / Bodytone Ariane |
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Sonntag , 23.04

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| 10:00 - 10:55 Cycling Barbara |
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