

Montag , 27.02

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

Dienstag , 28.02

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

Mittwoch , 01.03

09:00 - 09:55

Zumba
Deniz

10:10 - 11:05

Cycling
Carlo

18:00 - 18:55

Pump
Cristian

Donnerstag , 02.03

09:00 - 09:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Ariane

10:10 - 11:05

Yoga
Isabel

18:00 - 18:55

Power Yoga
Elissa

19:00 - 19:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Tea

Freitag , 03.03

08:50 - 09:20

P.I.I.T
Melanie

09:30 - 10:00

Simply Core
Melanie

10:10 - 11:05

Rückenfit
Isabel

Samstag , 04.03

10:00 - 10:55

Zumba
Deniz

11:10 - 12:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

Sonntag , 05.03

10:00 - 10:55

Cycling
Manuel